

# CLOTHES

The impact of wearing  
the latest trends

SI CUIDAS EL  
PLANETA

COMBATES LA  
POBREZA

The fashion industry is the second world's most **contaminant**, only after the oil one

## 1. RAW MATERIALS

IMPACT: **ENVIRONMENTAL POLLUTION**

Cotton uses **10%**  
of all the pesticides that  
affect the planet and **2,4%**  
of the arable land.

Making a pair of jeans  
requires **7.500** litres of water.

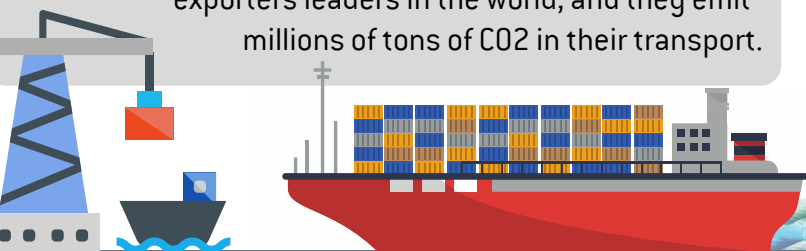
**20%**  
of toxics spilled into  
water come from textile  
industry.



## 3. TRANSPORT

IMPACT: **ENVIRONMENTAL CONTAMINATION**

Bangladesh, India and Cambodia are the textile  
exporters leaders in the world, and they emit  
millions of tons of CO2 in their transport.



## 5. RESIDUES

IMPACT: **ENVIRONMENTAL CONTAMINATION**

In Spain, each person throws away 7 kilos of clothes  
per year. The textile represents between the 10-15%  
of residues on the landfills.



## 2. PRODUCTION AND FABRICATION

IMPACT: **PRECARIOUS LABOR CONDITIONS AND HEALTH PROBLEMS**

**80%** of personnel working are  
women who have from 12 to  
14 labour hours.

The chemical dyes used on the  
fabrication of clothes affect the  
health of the workers and consumers.



Salaries in off-shore clothing do  
not cover the basic needs of the  
people hired.



## 4. CONSUMPTION

IMPACT: **CONSUMERISM**

The low-priced "fast fashion" model encourages frequent  
purchase and disposal of clothing.

We buy clothes up to  
**13** times per year.



The **40%** of clothes we buy to  
remain unused.



## EXISTING SOLUTIONS: WHAT'S THE PROGRESS?

### SDG 12

"Ensure sustainable  
consumption and production  
patterns".



### CIRCULAR ECONOMY

We need to use waste as a raw  
material to close the cycle of this  
economic model.



A circular  
example.

### FAIR TRADE AND SEALS OF TEXTILE GUARANTEE

They ensure that clothing is produced in a sustainable manner.



### #connectclothespoverty

Learn about the violation of labour rights in the  
Bangladesh shoe industry where the  
workers and local residents are exposed to residual  
water containing chromium, sulphur, ammonia and  
other chemicals that are causing serious health  
problems.

## JUDGE: EXCESSIVE CONSUMPTION OF CLOTHES DAMAGES TO THE PLANET AND THE SOCIETY

Rediscover the value of simplicity in  
your own life.  
Green Decalogue

Christian spirituality proposes a growth marked by moderation and the  
capacity to be happy with little. It is a return to simplicity.

Laudato Si' 222

## ACT: COMMIT TO A RESPONSIBLE CONSUMPTION. LESS IS MORE.

### RRE-DUCE:

Decrease your  
textile waste, your  
clothes' consumption,  
simplify your life.



### RE-USE:

Dare to use  
second hand  
clothes, Re-fashion  
stores, share your  
clothes.



### RE-CYCLE:

Let's end  
with the  
culture of  
waste.



### RE-PAIR:

Enlarge the  
useful life  
of your  
clothes.



### FAIR TRADE:

Look for  
clothes with  
guarantee  
seals.



Help us to  
promote the due  
Diligence Act in  
Spain.



There are many more proposals. Visit  
[www.enlazateporlajusticia.org/en](http://www.enlazateporlajusticia.org/en)  
and look for the document CLOTHES  
#CuidaPlanetaCombatePobreza

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