FUNDAMENTALS INTEGRITY TECHNIQUE

BBO

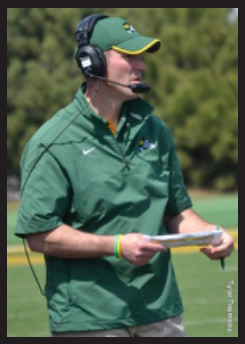
BIG BOYS ONLY

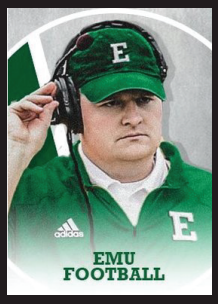
MIDWEST BBO LINE COACHES CLINIC

POWERED BY FITFOOTBALL

FRIDAY APRIL 24TH AND SATURDAY APRIL 25TH

Join us at Pryde Athletics and the Ann Arbor Regents Hotel for a defensive and offensive line play clinic featuring demonstrations, training, and sessions with top college coaches!





FRIDAY APRIL 24TH

REGISTRATION: 5:00 PM

SESSIONS: 6:00 PM - 9:00 PM

How to train the big men by Eastern Michigan S&C

Drill demonstration by college offensive and defensive line coaches

One hour training on the latest hand to hand football combat techniques by Bruce Lombard

Lunch on Saturday will be provided by Mission BBQ!

SATURDAY APRIL 25TH

REGISTRATION: 8:00 AM

SESSIONS: 9:00 AM - 5:00 PM

Our keynote speaker Ed Warinner presents lessons in strategy and linemen development

College level speakers from U of M, MSU, EMU, Wayne State, Illinois and Toledo deliver the latest in scheme, techniques and drills

A two hour coaches social will follow the last speaker with a chalk talk, wings and beverages

MORE INFORMATION COMING SOON! VISIT FITFOOTBALL1.COM TO SIGN UP.

PRYDE ATHLETICS

MISSION BBQ The American Way.

MMAFx Gain an Edge

FIT LINEMAN DEVELOPMENT FUNDAMENTALS INTEGRITY TECHNIQUE

Pain Free Life Centers

Riddell PROTECT AND PERFORM